



# BENDIGO PRIMARY SCHOOL

OLD VIOLET STREET, BENDIGO, VICTORIA

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FACEBOOK: [Bendigo Violet Street PS](#)

Wednesday 16th February 2022

## **Classroom Information sessions:**

It was great to see the large number of families that joined us last Thursday via Webex. It gave families the chance to catch up, gain insights into our programmes and ask questions too. Recordings were made of the sessions (unfortunately the F– 2 session did not record properly!). Please contact your child's teacher if you would like the link to the recording or a copy of the presentations. Included in this newsletter the Wilson Mc Caskill (our Social Competencies Programme ) notes that were discussed in the F– 2 session. Wilson raises some very important issues for us to consider and helpful ideas to guide conversations at home too.

## **Smile Squad visit:**

We value our partnership with this free Dental Screening service. They have completed their work here at school. If you would still like your child to access this service, you will need to contact them on 1300 503 977 and take your child to the designated venue as they are unable to accept new patients at school.

## **COVID safe reminders:**

We continue to limit visitors on-site and ask that parents please do not enter classrooms or corridors. The Admin area can be accessed via the Webster St entrance where we ask that all visitors must provide evidence of vaccination, check in and wear masks please. Please let us know (either via email, phone or text) if your child is a close family contact or tests positive to COVID, so we may contact you for support and follow up. I will continue to notify all families (in affected classroom/s) if a student or staff member tests positive to COVID.

## **Save the dates:**

We will be re-launching the *Father's Project (a chance for fathers and father figures to connect)* on **Wednesday 2nd March at 6-7 pm at school**. Thanks to Craig Wallace for helping to re-launch this group for 2022. We hope to have a BBQ on site at school for fathers, father figures and children (restrictions permitting) or alternatively the event will be switched to an online format. Also, Sara has provided a RSVP slip to gauge the support for parent helpers to assist at our **school garden Working Bees, the week commencing Tues 1/3, Wed 2/3 and Thurs 3/3**. All help is greatly appreciated. Please return the slip to your child's teacher.

## **Student Leader elections:**

*Congratulations* to all students for their efforts, preparation and nominations for leadership positions. The badge ceremony will be held on Friday 25th February at our school assembly. Our 2022 student leader election recipients are:

School Captains: Olive S-W and Nicholas J    School Vice Captains: Scarlet R and Tobi M

SLC: Grade 6: Freya W and Charlie A , Grade 5: Ingrid V-M and Cooper M, Grade 4: Audrey W-W and Russell B.

\*We are still holding weekly assemblies on Fridays, via Webex. Your child's teacher will email you the Webex room number if you wish to join. The assembly this week is being hosted by **Grade 3&4 Kennedy**.

**Mandy Costello, Principal**

Amanda.Costello@education.vic.gov.au

**Be Your**

**Best!**

**Sharon Frappell, Business Manager**

Sharon.Frappell@education.vic.gov.au

# Calendar

## Term 1, Week 4

### Regular Events

#### Camp Aust OSHC

Every day, Monday to Friday, 3- 6pm

#### BEFORE SCHOOL CLUBS—8am—8:30

##### Mondays

Library Club

##### Tuesdays

Library Club

##### Wednesdays

Brekky Club

##### Thursdays

Fun Fit Thursdays

Meet at 8am at Garden Gully

### Special Events

#### Friday 25 February

School Leaders presented with their badges at assembly.

#### Thursday 3 March

School Photo Day

#### Friday 4 March

Clean Up Australia Day school-wide activity

#### Monday 7 March

School Council Meeting

#### Monday 14 March

Labour Day Public Holiday

#### Wednesday 16 March

Grade F-6 Athletics Day at Flora Hill

#### Monday 21 March

Pupil Free Day

#### Friday 8 April

Last day of Term 1—2pm finish.

Shave for a Cure

# PRE-LOVED UNIFORMS

Pre-loved uniforms are available via click and collect.

Please email Louise Rodriguez to find out what is available and organise your order. Thank you!

[Louise.Rodriguez@education.vic.gov.au](mailto:Louise.Rodriguez@education.vic.gov.au)

*All donations of pre-loved items welcome!*



# ROOM 9

## Foundation/One Lowe

We have had a terrific start to 2022. Our favourite activity has been getting to know our buddies. They have asked us questions about our family and the things we like. They have also helped us on the computers. We even got to spend time with them on the playground.

Thanks 4-5 Fasham/Perley for helping us enjoy our first few weeks of the year and for all being so helpful and kind.



Remember, your Foundation, Grade 1 and Grade 2 student can access the following websites at home using their school password:

[Reading Eggs and Maths Seeds](#)





# P.E.

Welcome back to P.E for 2022. We have an exciting year ahead with hopefully, lots of sporting opportunities for our students here at BVSPS. This term we have our whole school Athletics Day planned. This event will be held at the Bendigo Athletics Track in Flora Hill on Wednesday March 16th. There will be more information sent home about this event in the coming weeks. It will be a fun and exciting day that I'm sure all students will enjoy!



In the lead up to our Athletics Day, students in all year levels will be practising their athletic skills during P.E lessons, so they are ready to go on the day. Grades 3-6 will practise more traditional athletic events, while students in Grades F-2 will have a mixture of both traditional athletic events as well as some fun races, including the egg and spoon race and the sack race.



# GARDENING NEWS

Hello all, It was a lovely week in the garden.



Grade 1's had a huge amount of fun harvesting potatoes and got some practice in with their hand tools. Mrs Lowes grade have a "**guess the number of potatoes in the basket**" competition, see if you can get closest!



Grade 6's stepped up in their areas, with the Bushrangers planting some nodding saltbush in our bush food and flowers garden.



The Citrus Sours and Axolotls teamed up to take care of our citrus trees!

It's beetle time in the garden at the moment and we've been finding quite a few coming in for water in the drinking troughs.

This one caused quite a stir, look at those long antennae! It's a type of Longicorn beetle, probably of the wood boring type.



Here's hoping we can stay cool this week and not wilt in the heat!

Sara

# WILSON

Hi Parents,

This is the gist of what we spoke about in the Wilson part of our Grade 1/2 information sessions for those who couldn't make it:



## Why Play the Games?

### Guided by informed teachers, the games:

- Help children develop and habituate patterns of behaviour that are socially effective and culturally appropriate.
- Teach children to respond appropriately to the thrill of success and the disappointment of failure – to enjoy competition with good grace and consideration for the other side.
- Assist children to control impulsive behaviour and defer the need for immediate gratification as they strive for long term benefits and goals.
- Encourage children to use their skills to advantage others in the pursuit of common objectives. They strengthen the skills of teamwork and cooperation and help children to build strong relationships.
- Initiate a process of self-awareness and discovery. They create a shared body of experience that is used to build up relationships within the group and to develop the group.
- Create common awareness and language with which to discuss the process of human action and interaction. They foster empathy, respect and an appreciation of difference.
- Engage children's emotions and call for the regulation of those emotions to achieve success. By being challenging, the games develop self-motivation and perseverance. They help children to identify the reasons for failure and build optimism and resilience.

## Self – regulation

Emotions are a powerful force and regulating them a life journey.

Keeping emotions under the control of reason, denying the need for immediate gratification, resisting the urge to act inappropriately takes knowledge and practise – lots of practise.

The worst thing is, just when you think you've mastered those powerful inner forces something unexpected happens and you're overrun by emotions that seem to have a life of their own.

Not a problem if they are socially acceptable: like sobbing at a funeral, or screaming and going crazy when your team finally wins the premiership, or trembling with excitement at your child's first solo concert.

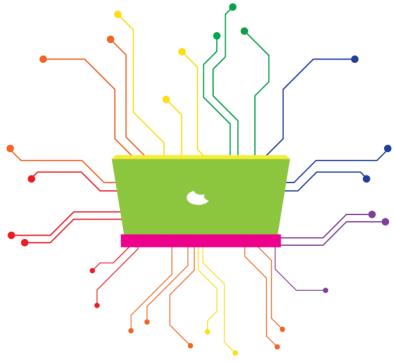
But a considerable problem when they are not: like refusing to participate in things you're not good at, or hitting people who upset you, or making a nuisance of yourself because you're stressed or anxious.

Our emotions can either work for us or against us. They can be friend or foe, but they can't be stopped. The skill is to channel them into productive service or prevent them from derailing us by successfully placating them.

Self-regulation is always a work in progress and the better children get at it the more self-empowered they feel.

Wilson McCaskill – Play is the Way

For more information, please visit: <https://playistheway.com.au/>



### Expert helpers at school:

Congratulations to Rory K for being our school's Technical Assistant this year and to Lily P for her Library Support role.



Our student leaders have already started work on their first event—Clean Up Australia Day!

Stay tuned for more information closer to the day.



### Attendance at school:

Our school day commences at 8:45am daily. Any students arriving at school after the morning bell are required to collect a late pass from the school office. All late arrivals at school are processed as absences. (ie a 9:15 am arrival is processed as a 30 minute absence). All classes meet to discuss activities at 8:45am sharp each day. If your child arrives late, they will miss this important information sharing time. Please support them to be at school, every day, on time!





Proud sponsors of our Breakfast Club  
and Fresh Fruit Friday at BVSPS.

New patients welcome

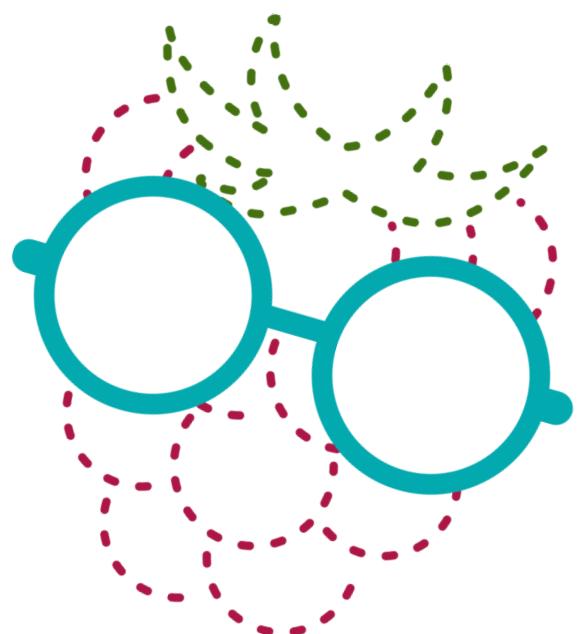
<https://www.goldencitymedicalclinic.com.au/>

Hi, Ochre here! I lost my glasses!

Has anyone seen a  
pair of black and teal  
glasses?

Please return them to  
Room 1 if you do!

Thank you



## Join a great local soccer club

**Golden City Soccer Club** is looking for new players.

We're an inclusive, family friendly club and we are looking for players from all age levels and experience to play this season starting in April. All are welcome!

We have all-girl teams at most age levels and have 42% female membership in our juniors. We want to increase the number of female players this season. Soccer is a great sport for girls and the FIFA Women's World Cup will be held in Australia and New Zealand in 2023. We also support and encourage women to be coaches and managers.

Our junior season starts after the Easter school break and runs for 16 weeks. Junior games are played on Saturday mornings on small-sided pitches with modified rules to make the games inclusive, engaging and fun. Training takes place once a week at our home ground, Shadforth Park, Fenton Street, North Bendigo.

You can register at <https://registration.playfootball.com.au/common/pages/reg/WelcomeRegPlus.aspx?entityid=7336>

Please get in touch for further information.

Email [goldencitysc@gmail.com](mailto:goldencitysc@gmail.com)

Visit our Facebook page, or

Visit [www.goldencityfc.com](http://www.goldencityfc.com)



## Thank you to our Helpers last Friday!

Thanks to Mrs Kirkpatrick and Ky Gregg for moving the enormous pile of mulch under the playgrounds last Friday after school. I appreciate it was short notice, it has made a huge difference and made the play space much safer.

Thanks also to Milla, Leah, Jasper, Sini, Ayla, Luca, and Lexi who also assisted.



## CITY OF GREATER BENDIGO

Parking Services from the City of Greater Bendigo have contacted our school and requested that the following information be conveyed to our school community.

The illegal parking of vehicles adjacent to our school poses a safety concern to children, pedestrians and other road users. Parents are reminded that it is essential to comply with parking restrictions when dropping off and collecting children from school.

Motorists must not stop in no stopping areas, even briefly, with or without the motor running. They must not stop next to a continuous yellow edge line, on nature strips, too close to school crossings, park over driveways or double park. A number of schools have short term time restricted areas, such as 2 minute pick up drop off. These parking areas are in place to allow for ease of access close to schools and these restrictions must be adhered to. Drivers should also be aware that they cannot perform a U-turn over an unbroken or continuous dividing line.

With regard to children's crossings, the law requires that a driver approaching a children's crossing must drive at a speed at which the driver can, if necessary stop safely before the crossing. Please slow down and take extra care when driving in school zones.

City of Greater Bendigo Parking Officers and Bendigo Police do conduct random patrols throughout the school year at various locations to ensure that motorists are adhering to the Road Rules.



  
**msp**  
photography

03 5482 3190

Admin.mrr@msp.com.au

<https://www.msp.com.au/parents/>



Photo envelopes have gone home!

Please check your child's bag if you haven't already found it.

Return your envelope to school on March 3rd either with cash or an online reference number written on it.

# School Photo Day—March 3rd 2022

# FINANCIAL ASSISTANCE

## INFORMATION FOR PARENTS

**Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link**

### CAMPS, SPORTS & EXCURSIONS

#### FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors. Excursions encourage a deeper understanding of how the world works while sports teach teamwork, discipline and leadership. All are a part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

\$125 for primary school students

\$225 for secondary school students

Applications must be received by **June**

#### HOW TO APPLY

New applicants should contact the school office to obtain a CSEF application form or download from the website below.

If you applied for CSEF at your child's school last year, you do not need to complete an application form this year unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

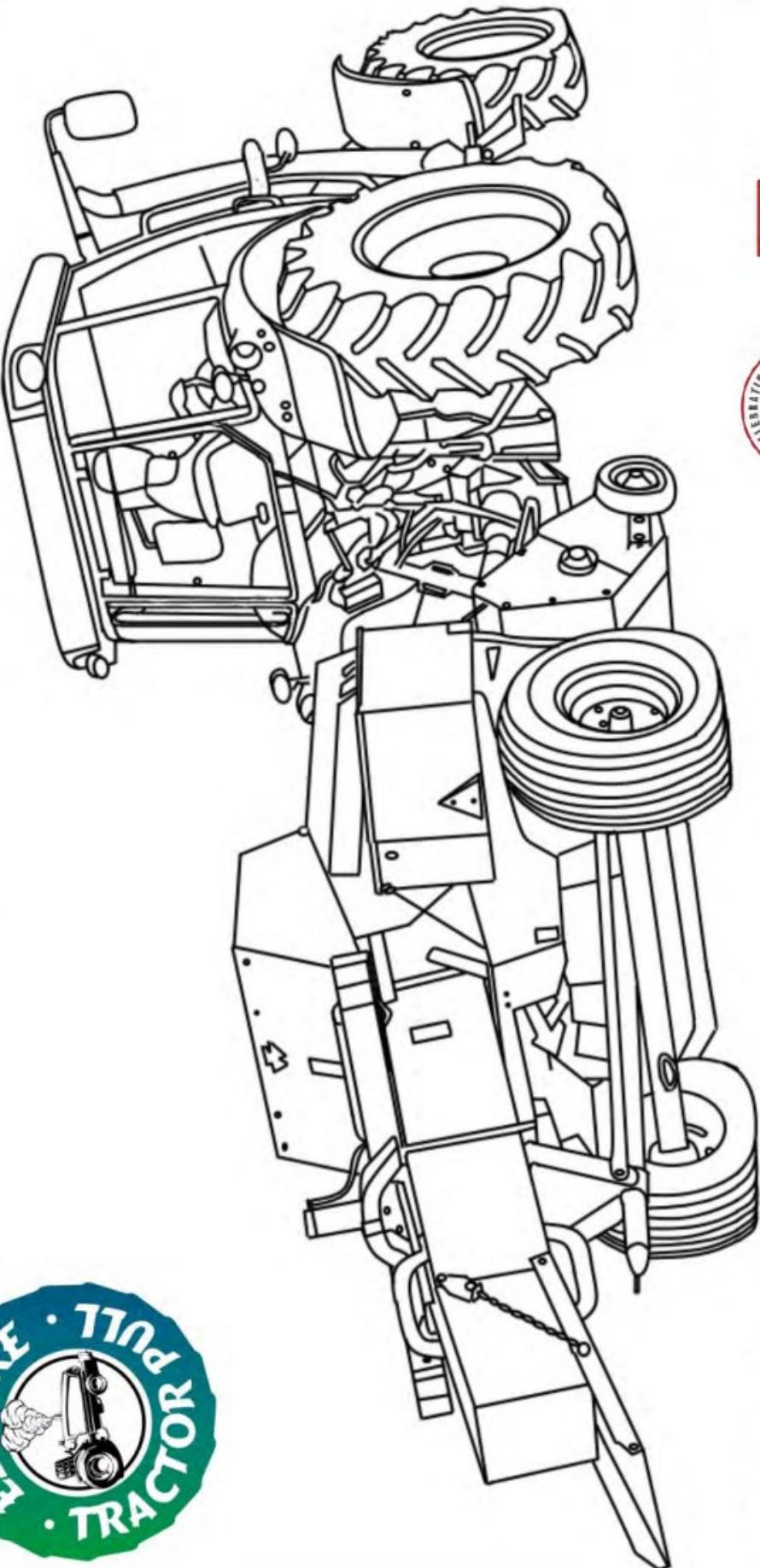
**new student enrolments;** your child has started or changed schools this year.

**changed family circumstances;** such as a change of custody, change of name, concession card number, or new siblings commencing this year.

**Concession Card** eligibility date has changed

Check with the school office if you are unsure.





Elmore Tractor Pull - 19th March 2022 at 4pm - Elmore Events Centre

MASSEY FERGUSON



Name: \_\_\_\_\_  
School: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Age: \_\_\_\_\_

**MCKEES**  
EST 1935  
Garage and Engineering Pty Ltd

Please post to  
Elmore Events Centre  
PO Box 27, Elmore VIC 35558  
Or scan to info@elmorefielddays.com.au



- Climbing Wall
  - Inflatable Water Slide
  - Animal Farm & Pony Rides
  - Live Music and Dance
  - Water Fun with Huntly CFA
  - Coliban Water refill units – PLEASE BRING ALONG YOUR DRINK BOTTLE
  - Woodwork with Bendigo Northern District Community Enterprise
  - Bubbles, Balloons, Stilts & Circus Activities
- And much more.....



Bendigo Northern District  
Community Enterprise



FOSTERVILLE GOLD MINE



# Rapid antigen self-tests

## A quick guide

### More information

Coronavirus Hotline - 1800 675 398

or

[www.coronavirus.vic.gov.au/  
getting-tested](http://www.coronavirus.vic.gov.au/getting-tested)

### What is a rapid antigen test?

Rapid antigen tests can be used at home to check if you may have COVID-19. Most rapid antigen tests will provide you with a result in 15 to 30 minutes. Do not eat or drink 30 minutes before doing a saliva rapid antigen test.

**Always follow the instructions and watch the linked videos within your rapid antigen test kit carefully on how to do your test.**

These tests are faster but less accurate than a standard (PCR) test that you can get at a COVID-19 testing site.

There are currently two types of rapid antigen tests available:

- Saliva - this test involves spitting into a tube or sucking on a swab
- Nasal swab - this test involves swabbing each nostril.

### When to use a rapid antigen test

Rapid antigen tests can be used:

- if you have symptoms
- are a contact of someone who has tested positive for COVID (household, education, workplace or social)
- if you want to quickly check if you may have COVID-19
- as part of a surveillance program such as one organised by your school or employer
- when recommended by the Victorian Department of Health

### When to get a standard (PCR) test

You should take a standard (PCR) test at a testing site if you:

- have symptoms or are a contact of someone who is a COVID case and cannot access a rapid antigen test
- if you do not have symptoms and are not a contact of a COVID case, but you have tested positive on a rapid antigen test
- when otherwise recommended by the Department of Health

### Where to get a rapid antigen test

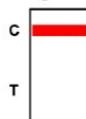
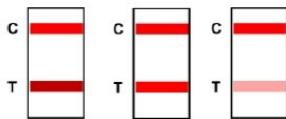
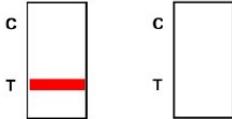
Rapid antigen tests are available from some supermarkets, pharmacies, select testing sites (you can find the nearest testing site to you at: <https://www.coronavirus.vic.gov.au/where-get-tested-covid-19>) or online.

More info at <https://www.coronavirus.vic.gov.au/checklist-contacts>

## How to store your rapid antigen test

- Store the test kit in a cool, dry place under 30 °C
- Do not freeze the kit or its components
- Do not store the test kit in direct sunlight

## What does your rapid antigen result mean?

Result	What it means	What to do next
 <b>Negative</b> 	It is unlikely you have COVID-19, especially if you have no symptoms.	Monitor for symptoms
 <b>POSITIVE</b> 	You likely have COVID-19.	<ul style="list-style-type: none"> <li>• Report your test on the Service Victoria app or by going to <a href="http://www.coronavirus.vic.gov.au/report">www.coronavirus.vic.gov.au/report</a></li> <li>• Isolate for seven days and tell your contacts.</li> </ul>
 <b>INVALID</b> 	<p>The test has not worked. You need to repeat the test.</p>	<p><b>You will need to repeat the test</b></p> <p>Invalid again?</p> <ul style="list-style-type: none"> <li>• Get a standard COVID (PCR test).</li> </ul> <p>Positive?</p> <ul style="list-style-type: none"> <li>• As per the positive result instructions.</li> </ul> <p>Negative?</p> <ul style="list-style-type: none"> <li>• As per the negative result instructions.</li> </ul>

## Recording results

If you test positive on a rapid antigen test, you are a case. You must report your positive rapid antigen test result as soon as you can. To report your result, call the Coronavirus Hotline at 1800 675 398, or fill in this online form: [www.coronavirus.vic.gov.au/report](http://www.coronavirus.vic.gov.au/report)

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